



# SWIMMING OTAGO

# SWIMMER

## PROGRESSION PATHWAYS

[OTAGO.SWIMMING.ORG.NZ](https://otago.swimming.org.nz)

## CLUB RIBBON NIGHTS

Provide swimmers, caregivers, and coaches an opportunity to evaluate their times, technique and skills in a fun, supportive environment.

## INTER-CLUB MEETS

Allow swimmers to race members of other clubs; increasing competition skills and promoting formation of new friendships.

Competitive membership is mandatory for onward categories.

## REGIONAL CHAMPIONSHIPS

Give swimmers the opportunity to demonstrate their capabilities while racing the best of Otago.

## ZONE MEETS

Provide swimmers with a large, competitive atmosphere to showcase their efforts against some of the best the South Island has to offer.

## NATIONAL CHAMPIONSHIPS

Deliver intensive competition between swimmers and clubs from all around New Zealand.

## NZ REPRESENTATIVE

When selected, swimmers are granted the opportunity to represent our country on an international stage.